

**Harvest Collection for
The Olive Branch Food Bank and
Lancaster Women's Refuge
Sunday 14th October**

(9am, 11am, and 7pm).

The food/items will be given to people in
difficulty in Lancaster.

Please consider bringing one or more items (no perishables)

*Items particularly requested

- Flour*, Vegetable Oil*
- Coffee (4oz)*, Tea Bags
- Tinned Fruit*, Rice Pudding, Custard
- Meatballs, Spaghetti, Soup
- Tinned Veg, Tomatoes and Potatoes
- Corned Beef, Ham, Sausages, Tuna, Sardines
- Packets of Pasta, Rice or

Alternatively if you would like to
donate financially, you can visit:

www.the-olivebranch.org.uk/donate

<https://safenet.org.uk/#donate>



ST THOMAS
CHURCH LANCASTER
SHARING GOD'S LOVE FROM THE HEART OF THE CITY

- Minced Beef, Stewed Steak, Irish Stew, Curries, Ready Meals including vegetarian options.
- Baked Beans, Mixed Beans, Kidney Beans etc.
- Cereals, Porridge, Long Life Milk, Hot Chocolate*
- Packets of Cakes and Biscuits (with a long date on)
- Tissues, hand wash, sanitary products,
- Nappies and Baby Wipes*
- Household Cleaning Products
- Knickers (of all sizes)

the Olive Branch

Mashed Potato